



# IDEALhealth: A sex positive, status neutral, and affirming sexual health clinic at CommunityCare in Austin, TX

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your  
**sexual  
health**  
matters



let's talk about



sexual health

## Presentation Overview

### Description of Idealhealth

- Overview of CommunityCare
- Funding
- Location & Services
- Staff
- Demographic data of clients and services

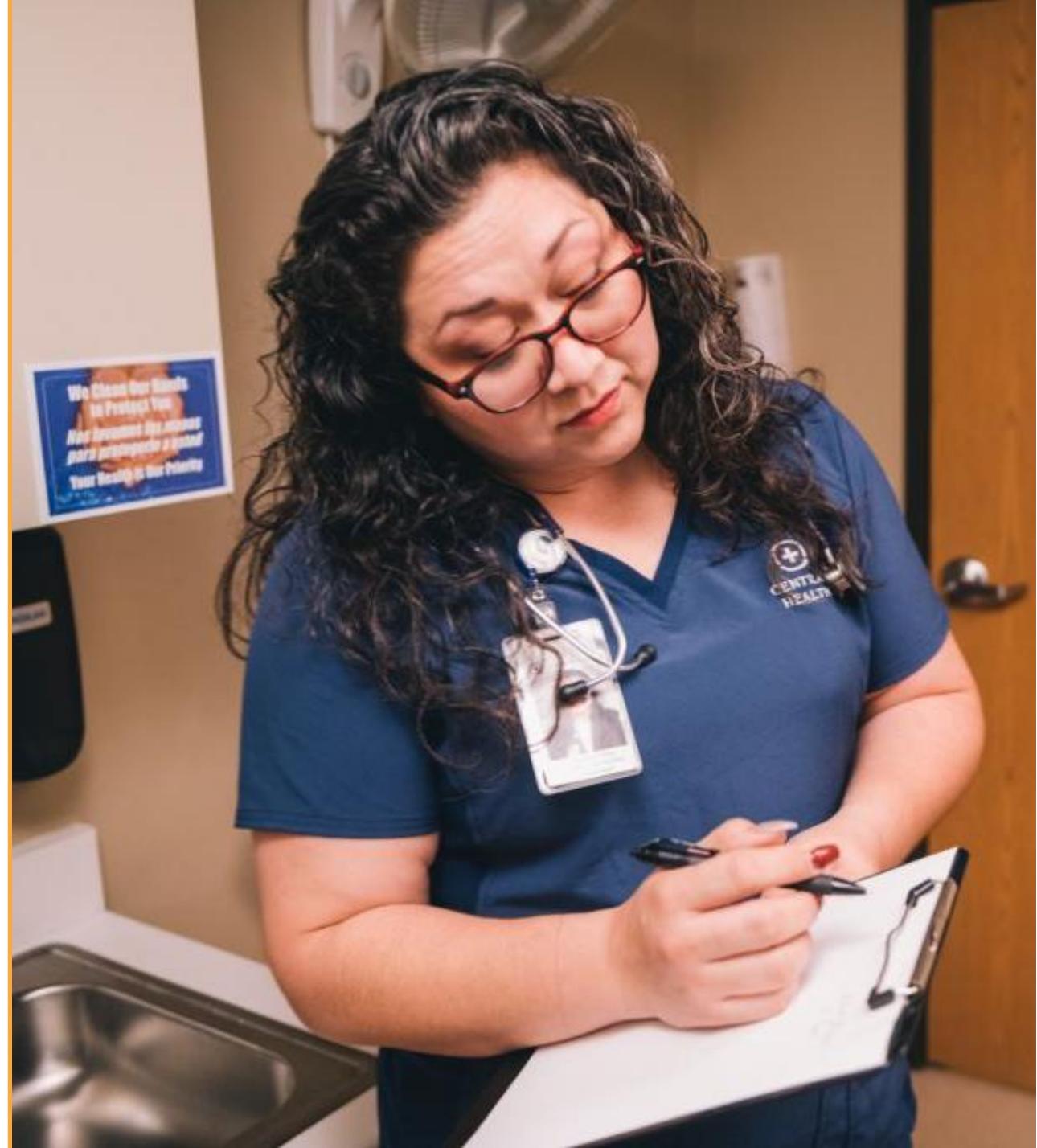
### PrEP program & PrEP data

### Outreach for Hispanic/Latine communities

### Discussion/Q&A

CommUnityCare is one of the largest Federally Qualified Health Center (FQHC) systems in Texas. In 2024, CommUnityCare served 143,421 individual patients.

- 30+ locations throughout Travis County
- Primary care
- Dental, behavioral health, healthcare for the homeless, specialty care, pediatrics, HIV care, telehealth, lab services, Black Men's health clinic, sexual health, etc.
- The city's population is approximately 49% White, 34% Hispanic or Latino, 8% Black or African American, and 7% Asian.



# The IDEAL health clinic: Inclusivity, diversity, equality, accessibility, and sex liberation





# Sandra Joy Anderson (SJA) Clinic (*campus of Huston-Tillotson University*)

1705 E 11th St, Austin, Tx 78702

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Historically Black and Hispanic communities — which are a significant part of the East Austin area around zip code **78702** — have experienced **higher HIV incidence** relative to some other populations.



# IDEALhealth services offered

- STI testing and treatment, including rapid HIV start
- HIV prevention/PrEP and PEP
- Gender affirming care
- Contraceptive options (i.e. Nexplanon, Nuvaring, birth control pills, IUDs, etc.)
- Evaluation and management of sexual dysfunction (i.e. vaginal atrophy and dryness related to menopause, erectile dysfunction, and more)
- Sexual health related vaccines: HPV, Hepatitis A and B, MPOX
- DoxyPEP
- Expedited Partner Therapy
- Linkage to primary care and more!!

# Hours of Operation and Staff

- Clinic hours: Monday – Friday 8am-5pm
- Lab hours: Monday-Friday 8am-4:30pm (closed 11:30am-1:30pm for lunch)
- The clinic does not serve anyone under the age of 18
- Sexual health staff
  - 3 Providers, 1 nurse, 2 medical assistants, and 1 medication access specialist/pharmacy technician

**MAP** stands for the **Medical Access Program**. It is a local health coverage program provided by **Central Health** specifically for residents with low income who are uninsured. While it functions similarly to insurance by providing a membership card and access to a network of providers, it is **not** a traditional health insurance plan and does not meet the individual mandate under the Affordable Care Act.

### Key Features of MAP

- **Access to Care:** Members can visit primary care doctors, specialists, and dentists, and receive prescription medications through participating partners like **CommUnityCare** and **Ascension Seton**.
- **Eligibility:** To qualify, you must:
  - Live in Travis County.
  - Have a household income at or below **200% of the Federal Poverty Level**.
  - Be uninsured and ineligible for other programs like Medicaid or Medicare.
- **Cost:** Depending on income, medical visits may be free or require a co-pay ranging from \$10 to \$55.



The Idealhealth PrEP program : PrEP is for everyone!



# Sexual health questionnaire at intake

Questions are related to the 5Ps+ of sexual health

Partners

Practices

Protection

Past hx of sexually transmitted infections

Pregnancy Plans

Plus (Pleasure, Problems, Pride)

Sexual Health Intake Questionnaire:		9/15/2025	
<b>CUC Sexual Health Intake</b>			
Sexual Partners have been...	Male	Do you have any STI symptoms today?	No
Last Sexual Contact with Male Partner	Less than 4 months ago	Do you have a history of STIs?	<b>Chlamydia !</b>
Number of Male Partners in last 12 months	1	Site of Chlamydia	Vaginal
Number of New Male Partners in last 12 months	0	Date of Chlamydia Infection	1/20/2025
Have your male partners had sex with other men?	No	Have you ever had pain or problems with sex?	No
Have you used condoms in the last 3 months?	No	In the last 5 days (or since your last period) have you had sex without birth control?	Yes
Have you been tested for HIV?	Yes	Currently injecting drugs?	No
Last HIV Test Date	8/11/2025	In the last year, have you been sexually active with someone who injects drugs?	No
Last HIV Test Result	Negative	In the last year, have you been sexually active with someone who is HIV positive?	No
Vaginal Sex in Last 3 months	Yes	In the last year, have you been sexually active with someone who is Hepatitis C positive?	No
Received Anal Sex in Last 3 months	Yes		
Given Anal Sex in Last 3 months	N/A		
Received Oral Sex in Last 3 months	Yes		
Given Oral Sex in Last 3 months	Yes		
Do you have a history of Hepatitis A, B, or C?	No		

# Encounter Example

Maria is a 21 y.o. Hispanic female who presents for contraception and her first pap smear.

- Upon intake Maria completes the sexual health questionnaire
  - Findings: 2 male partners, hx of chlamydia at age 18, condom use 25% of the time.
- Encounter involves discussing contraception options and performing a pap smear
- Encounter also involves promoting sexual health
  - a. Importance of routine STI testing if sexually active
  - b. Safe sex materials/supplies (i.e. vaginal condoms, penile condoms, lubrications)
  - c. Safe sex education
  - d. PrEP



# PrEP Conversation Starters

1. **Have you heard about HIV before?**
  1. Yes: Tell me what you know about it
  2. No:
    1. HIV is...
    2. Anyone can be at risk for HIV..
2. **Have you heard about PrEP before?**
  1. Yes: Tell me what you know about it
  2. No:

PrEP is... HIV Prevention!

    - Anyone can be at risk for HIV (talk stats)
    - PrEP comes in a pill or an injectable
    - Do you want to get started today?

**Same Day PrEP pills? Yes**

**Same Day PrEP injections? Yes**

# PrEP for Latinas: Outreach, Patient Navigator, and Community Advisory Panel



**IDEALhealth**  
Empowering you to take control of your sexual health

**COMMUNITYCARE**  
HEALTH CENTERS

**What is IDEALhealth?**  
The IDEALhealth Program provides compassionate and stigma-free sexual health services for ALL including the LGBTQIA+ community, Black and Latinx/Hispanic women, young adults (18+), and those in marginalized situations.

**Our services include:**

- **HIV & STI Care:** Testing, treatment, and prevention, including PrEP, PEP, and DoxyPEP.
- **Gender-Affirming Care:** Hormone therapy and supportive services tailored to your needs.
- **Family Planning:** Comprehensive options, including IUDs, emergency contraception/Plan B, and Nexplanon.
- **Sexual Dysfunction Support:** Help with menopause-related symptoms, erectile dysfunction, and more.
- **Vaccines:** Protect yourself with HPV, Hepatitis A & B, and MPOX vaccines.
- **Expedited Partner Therapy:** Ensuring you and your partners get the care you need.
- **Holistic Linkage:** Connections to mental health, primary care, and substance use counseling.

**Status-Neutral Model of Care**  
Your health matters regardless of test results. We offer the same supportive, judgement-free care to all.

**Convenient and Accessible**  
Find us at the Sandra Joy Anderson Health Center, 1705 E. 11th St, Austin, TX 78702. Walk-ins welcome, or call (512) 978-9015 to schedule your visit.

**No Cost or Low-Cost Options**  
Financial assistance is available for eligible patients. Ask us about how we can help make care affordable for you.

**Join Us in Building a Healthier Community**  
Take the first step toward better health today. Visit [communitycaretx.org/idealhealth-program](http://communitycaretx.org/idealhealth-program) for more information.

**SCAN FOR MORE INFORMATION:**



# PrEP Barriers and Facilitators for Hispanic Women at Idealhealth

## BARRIERS

Lack of PrEP knowledge

Low perceived risk of HIV acquisition

## FACILITATORS

Same day PrEP access

Medication access specialist on site

Culturally sensitive care

Integration of care into family planning services

Medication access/MAP formulary



**COMMUNITYCARE™**  
HEALTH CENTERS

**Thank you!**