



Adjunct Trainer Application

The Sexual Health Educator (SHE) Training Program is designed for educators in school, community, and clinical settings who want to build their knowledge and capacity in sexual health and sexuality education. Participants who complete six required modules and at least five elective modules will receive a SHE Training Program Certificate of Completion.

This training program was created by sexual health educators, trainers, and experts from the California Department of Public Health (CDPH), Sexually Transmitted Diseases (STD) Control Branch, Essential Access Health, the California Department of Education (CDE) and other partner organizations throughout California.

The modules that make up the SHE Training Program can be found at the program website: <https://californiaptc.com/sexual-health-educator-training-program/>. Most modules, whether developed internally, or by external organizations, are available as either asynchronous virtual trainings or recorded webinars. Some modules are only available as live trainings, provided either in-person or over Zoom. *This is where the role of the Adjunct Trainer comes in.*

The modules Adjunct Trainers can train on include, but are not limited to, the following:

- STI/HIV Review: Workshop for Educators Who Work with Youth
- California Healthy Youth Act: Comprehensive Sexual Health and HIV Prevention Education Requirements
- Minor Consent and Confidentiality for Sexual Health Services in California: A Training for Educators
- STI Data: US and California
- Contraceptive Methods
- Teaching Sexual Health Education: Building Comfort and Capacity
- Teaching Sexual Health Education: Facilitating Difficult Questions in the Classroom

Role of the Adjunct Trainer

The CDPH STD Control Branch (STDCB) relies on professional colleagues who volunteer to become Adjunct Trainers to help support training needs across California. Trainers are provided with up-to-date information on sexual health topics and receive capacity building and technical assistance around training needs. They are provided with current, medically accurate, and engaging training materials developed by experts in the field of sexual health. Trainers can advertise local trainings as a partnership with the CDPH STD Control Branch, which adds credibility to the training and may incentivize participants from a variety of educational and work settings.

Requirements to become an Adjunct Trainer:

- **Enroll in and complete the SHE Training Program *certificate of completion*** by completing the six required modules and at least five elective modules.
- **Complete and submit your SHE Adjunct Trainer Application *with* your certificate of completion** to STDHealthEd@cdph.ca.gov.
- Adjunct Trainers are responsible for scheduling and organizing at least one training per year in their local area or in a neighboring county. The Adjunct Trainer will receive virtual technical assistance to support familiarity with content and will co-train with Adjunct Trainers or STDCB staff when possible.
- **Acceptance to become an active Adjunct Trainer is dependent on STDCB staff feedback and evaluation.** Adjunct Trainers are expected to meet the same standard of quality to which the STDCB trainers are held to when conducting training courses. If at any point STDCB trainers determine a participant cannot meet the program requirements or standard of training, the participant will be relieved of any further training commitments.
- **Get supervisor approval** (see page 6).

New Adjunct Trainers will be provided with support from the STDCB Health Promotion and Communications Unit including training materials, logistical support, and connection to other trainers.

The Health Promotion and Communications Unit is available to provide additional support for Adjunct Trainers as needed. You can email specific questions or concerns to STDHealthEd@cdph.ca.gov.

Sexual Health Educator (SHE) Training Program Adjunct Trainer Application

Please fill out the following questions.

- 1) Name:**
- 2) Pronouns:**
- 3) Job Title:**
- 4) Work Phone:**
- 5) Work Email:**
- 6) Place of Work:**
- 7) Work Address:**

8) Please describe your job responsibilities as it relates to sexual health education:

9) How long have you been in your current position?

10) How long have you been in the field of sexual health?

11) What are your expectations for becoming an Adjunct Trainer?

12) How do you plan to use the information you gain from being an Adjunct Trainer in your job?

13) What do you see as the sexual health training needs of your community (e.g. agencies, schools, coalition groups and/or government agencies)?

- | 14) Please rate your abilities in each of the following: | 1 | 2 | 3 | 4 | 5 |
|--|----------|----------|----------|----------|-----------|
| | Poor | Fair | Avg. | Good | Excellent |
| a.) Understanding of group process | | | | | |
| b.) Comfort with ambiguity | | | | | |
| c.) Comfort with sensitive topics (e.g. minor consent) | | | | | |
| d.) Facilitation of group activities | | | | | |
| e.) Managing conflict in a group setting | | | | | |
| f.) Organizational skills in delivering presentations | | | | | |
| g.) Flexibility and ability to think on your feet | | | | | |
| h.) Interpretation of basic epidemiology | | | | | |
| i.) Experience with public speaking | | | | | |
| j.) Background on HIV & STDs | | | | | |
| k.) Background on minor consent laws in California | | | | | |
| l.) Presenting detailed scientific/medical content to the lay public | | | | | |
| m.) Facilitation of discussions on sexual health | | | | | |
| n.) Experience working in public school settings | | | | | |
| o.) Knowledge of CA public school system | | | | | |
| p.) Knowledge of the California Healthy Youth Act | | | | | |

15) Please describe your training and/or presentation experience providing *in-person* training:

a.) General Topics:

b.) Length (number of hours and/or days):

c.) Audience(s):

d.) Setting of training:

e.) Other information you would like to share about your experience:

16) Please describe your training and/or presentation experience providing *virtual* training:

a.) General Topics:

b.) Length (number of hours and/or days):

c.) Audience(s):

d.) Virtual platform(s) used for training(s):

e.) Other information you would like to share about your experience:

17) Which counties/health jurisdictions will you be able to conduct presentations/trainings for and will they be in-person, virtual, or both?

In-person

Virtual

Both in-person and virtual

Unsure

18) Please provide a professional reference:

Name:

Pronouns:

Email:

Phone number:

In what capacity have you worked with this reference?

Please check the boxes to acknowledge the following

I acknowledge that the content provided through the Adjunct Trainer program is intended for adult learners only.

I will use the resources and skills developed as an Adjunct Trainer to provide at least one training per year to professionals providing comprehensive sexual health education to youth.

Supervisor signature/approval:

I have read the above CA STDCB SHE Adjunct Training program requirements and I authorize _____ to apply and complete the requirements. I understand that my employee will be required to spend time studying training materials and conduct at least one training per year, possibly in a neighboring health jurisdiction. I also understand that the CA STDCB will not reimburse my employee for any travel or salary expenses incurred during the TOT or future trainings. Any time my employee spends participating as an Adjunct Trainer for the SHE Training Program will be voluntary. I support this as a benefit to my employee, our program and/or local health jurisdiction.

Supervisor's signature:

Date:

Please e-mail your completed application and certificate of completion to STDHealthEd@cdph.ca.gov and ask to join our SHE listserv to stay connected.

Applications are reviewed once a year to establish an annual cohort of new trainers.