## ACCESSING LAI-PREP AT STRUT

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PrEP Benefits and HIV Linkage Navigator Strut–SF AIDS Foundation

#### **AGENDA**

#### Introduction

My Background

LAI-PrEP & Data

Best Practices: Access, Retention, Referrals

Successes

Challenges

Questions?

#### INTRODUCTION TO STRUT

The Magnet Clinic at Strut offers PrEP and PEP services, drop-in sexual health testing and services, gender affirming care, HIV linkage and health/benefits navigation—all services are free!

We serve clients of all insurance statuses and have a focus on priority population communities

We see hundreds of clients a week and currently have ~2,500 people in our program who are accessing oral PrEP

#### **MY BACKGROUND**



Began as a volunteer at the Berkeley Free Clinic's Gay Men's Health Collective where I was a trained medic



PrEP Benefits Navigator and HIV Linkage coordinator since

HIV medical case management at LifeLong Medical Care in East Oakland

Apr. 2021 – June 2022

Started building LAI-PrEP program

**July 2022** 

## LAI-PREP AT STRUT:

#### **A TIMELINE**

- Began offering LAI-PrEP to clients in June 2022, initially with one test client
  - Client was privately insured, no clear pathway for coverage
  - o Took over 6 months to finalize coverage for this initial client
  - Covered under medical benefit, pharmacy, FRM, and myself were unfamiliar with how to proceed
- Continued to enroll privately insurance clients, worked with our FRM to determine how to cover and where to fill LAI-PrEP
  - o Private insurance proved to be a huge barrier, particularly in 2022
  - Pharmacies and insurances had not yet caught up to the new process of covering Apretude

#### **CURRENT LANDSCAPE**

Shifted our metrics to align with our goals/values of prioritizing marginalized communities with lack of access to PrEP/healthcare

## Prioritizing clients uninsured or on Medical

 There are far fewer options for accessing LAI-PrEP when not privately insured Prioritizing clients who are Black, Latinx, trans, <24 y/c

Capacity to see 100 clients total, while also referring clients to other providers to establish care

Formed a relationship with St.

Mary's clinic to
refer clients with insurance
barriers or due to
capacity issues

Continuing to build referral network, private doctors and ASOCs

### **SOME DATA**

Insurance statuses, demographics, discontinuations

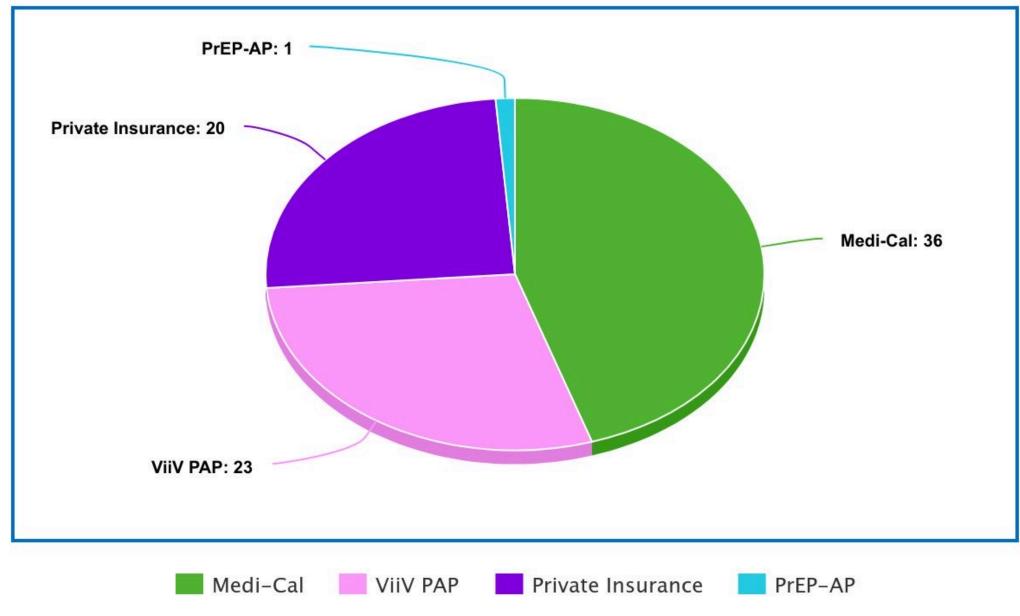
Capacity for 100 total clients, re-evaluate once we reach 100 total active clients

## **CURRENT METRICS**

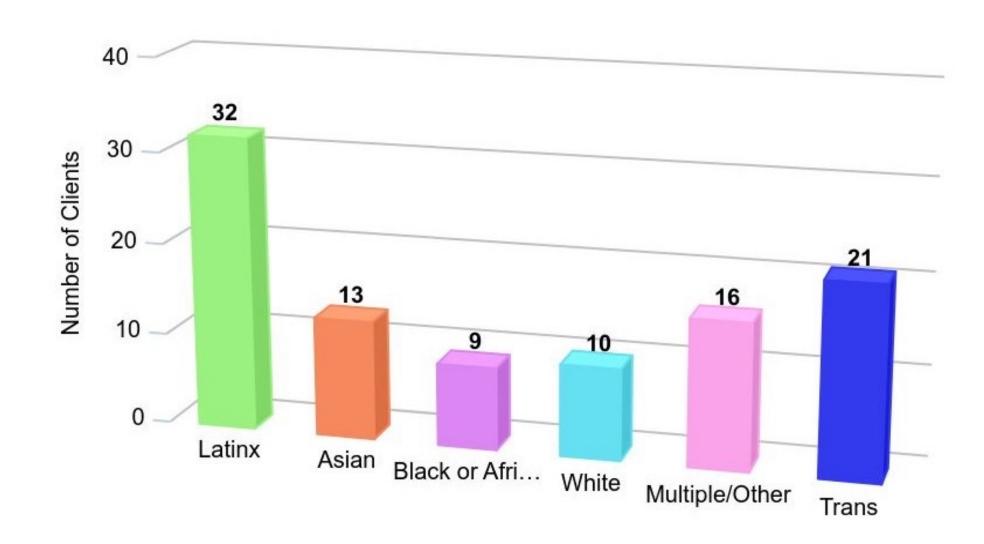
80 active clients

29 discontinued

20+ referred to St. Mary's, Kaiser, or Sutter Health



#### **DEMOGRAPHIC DATA**



#### **DISCONTINUATIONS**



Majority due to a change in insurance, or moving out of SF



Included in discontinuation data is individuals who never received their first injection and opted to stay on oral PrEP



2 clients discontinued due to side effects – injection site pain



Nursing team is notified whenever a client is outside of the window period to receive their injection or switching to oral PrEP

### **BEST PRACTICES**

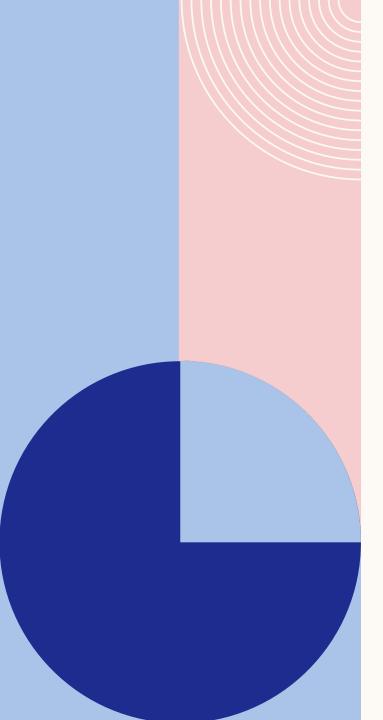
- Determine insurance coverage prior to sending out Rx
  - utilize ViiV's benefits verification application
- Connect with your Field Reimbursement Manager to help navigate any complex insurance issues
- Establish a point of contact with ViiV's BV and PAP team
- Utilize functions in EMR to post-date tasks so you know when to order refills
- Call clients same or next day when they miss an injection appointment
- Use EMR data to maintain a list of active patients
- Know where you can refer clients you are unable to accommodate
  - St Mary's Clinic, PCPs, Alternative Sites of Care (Option care)

#### A NOTE ON PHARMACIES

- Apretude is filled through a **Limited Distribution Network**, meaning a select number of pharmacies are filling and distributing the medication
- Form a relationship with a **local specialty pharmacy** for those insured with Medi-Cal
- All 36 of our Medi-Cal clients fill their prescription at Walgreens Specialty
- Streamlined process to refill and pick up prescriptions
  - We provide a list every week with all pertinent patient information and injection dates
  - Pick up all prescriptions the following week
  - Pharmacy can help resolve any insurance discrepancies
- Some specialty pharmacies have dedicated Apretude teams
- Have a system to **order refills in batches**, account for pharmacies take a longer time to process and ship

#### **SUCCESSES**

- Grew our program significantly, enrolling only a few people in the first 6-8 months to 80 total
- Waitlist significantly reduced, greatly decreased wait time from initial inquiry to injection date
- Offered 3 same day starts for Medi-Cal clients
- Found pathways to connect clients to care where insurance was a barrier
- Clear understanding of pharmacy vs medical benefits
- Streamlined Rx refill process to cut down on admin time
- Clients with missed injections either rescheduled or switched to oral PrEP
- Restarted clients who were LTFU
- Utilized PrEP-AP for Rx coverage for the first time



#### **CHALLENGES**

- Patient's insurance medical coverage attempting to bill under pharmacy benefit
  - Medical plans will often push back assume that Apretude is covered under a pharmacy benefit
  - Tip: Provide J-Code and request any insurance-specific documents that may be needed
  - For PA's or request to bill under medical benefit, include BI with any documents you are sending over
- Contracted specialty pharmacy is not included in the limited distribution network
  - Tip: Call the PBM/medical coverage benefit to see if there is a secondary specialty pharmacy designated
  - If no designated secondary pharmacy, request that the PBM/medical coverage benefit make an override/exemption to add a secondary specialty pharmacy

# THANK YOU! QUESTIONS?

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