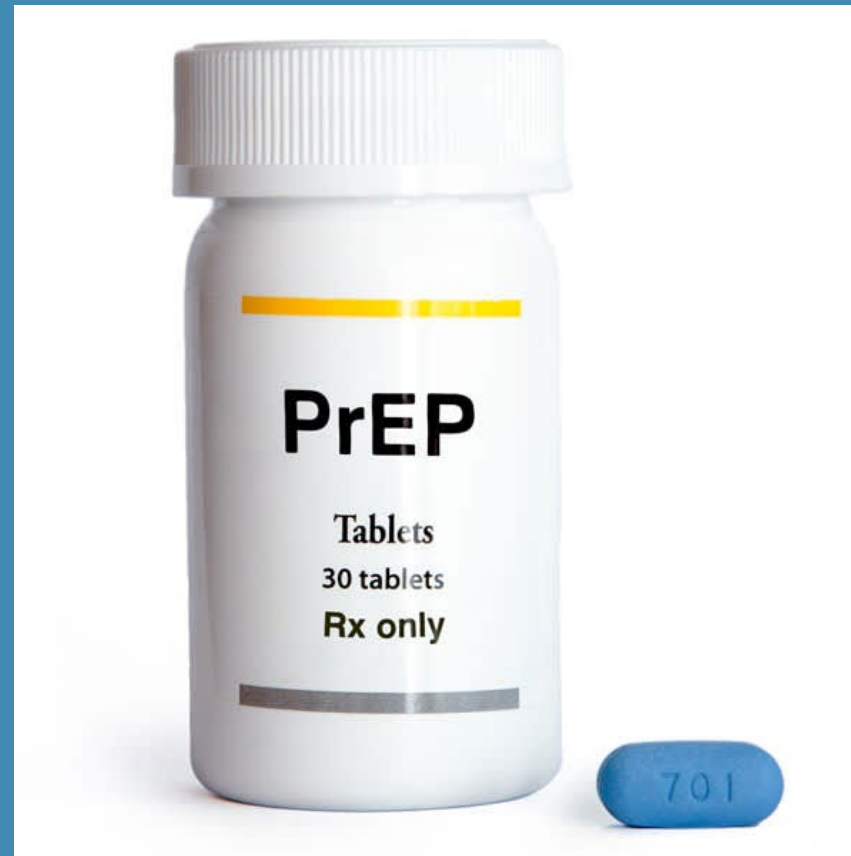


HIV NAAT TESTING IN THE MANAGEMENT OF HIV PREP



Speaker Disclosures

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does not speak for, invest in, or otherwise directly receive support from pharma



In remembrance



Dr. Dawn K. Smith

(MD, MS, MPH)

1949-2022

CDC HIV PREP GUIDELINES

US Public Health Service

PREEXPOSURE PROPHYLAXIS FOR THE PREVENTION OF HIV INFECTION IN THE UNITED STATES – 2021 UPDATE

A CLINICAL PRACTICE GUIDELINE



Preexposure Prophylaxis for the Prevention of HIV Infection in the United States – 2021 Update Clinical Practice Guideline
Page 1 of 108

Updated December 2021

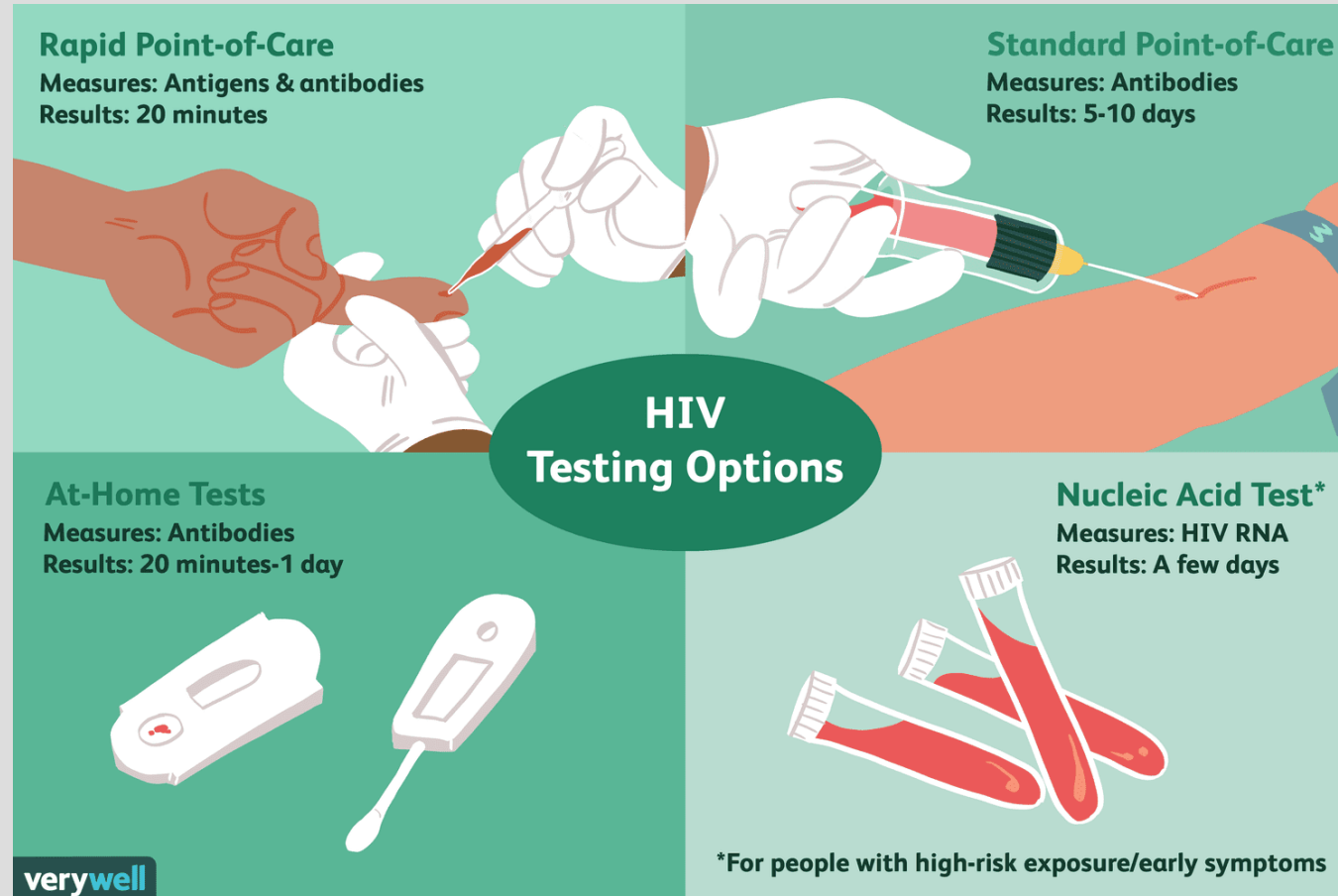
2017

2014

Interim guidance

First oral PrEP agent FDA-approved in 2012

HIV TESTING MODALITIES



FACTORS

Specimen type

Assay Target

Collection Setting

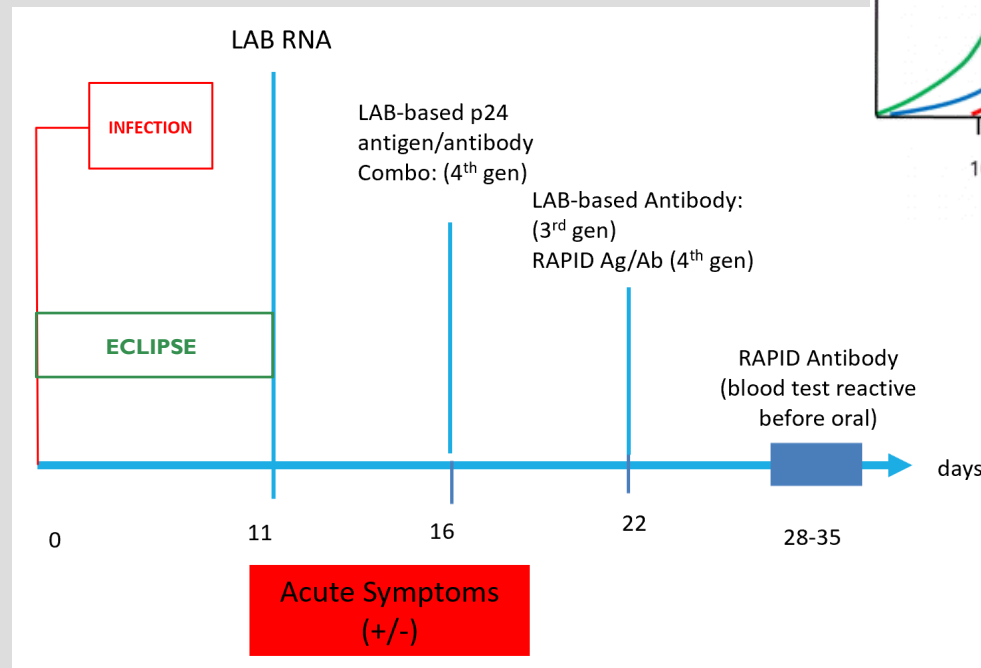
Turn around time

Logistics of collection

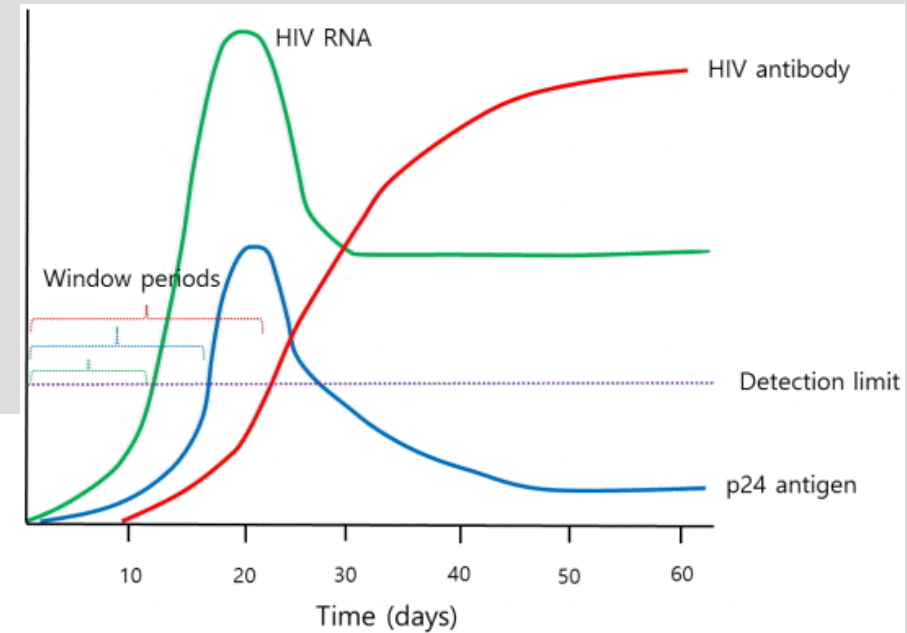
Regulatory considerations

Predictability of Negative Status by HIV Tests

Approximate Sensitivity of HIV Tests for Acute/Recent Infection



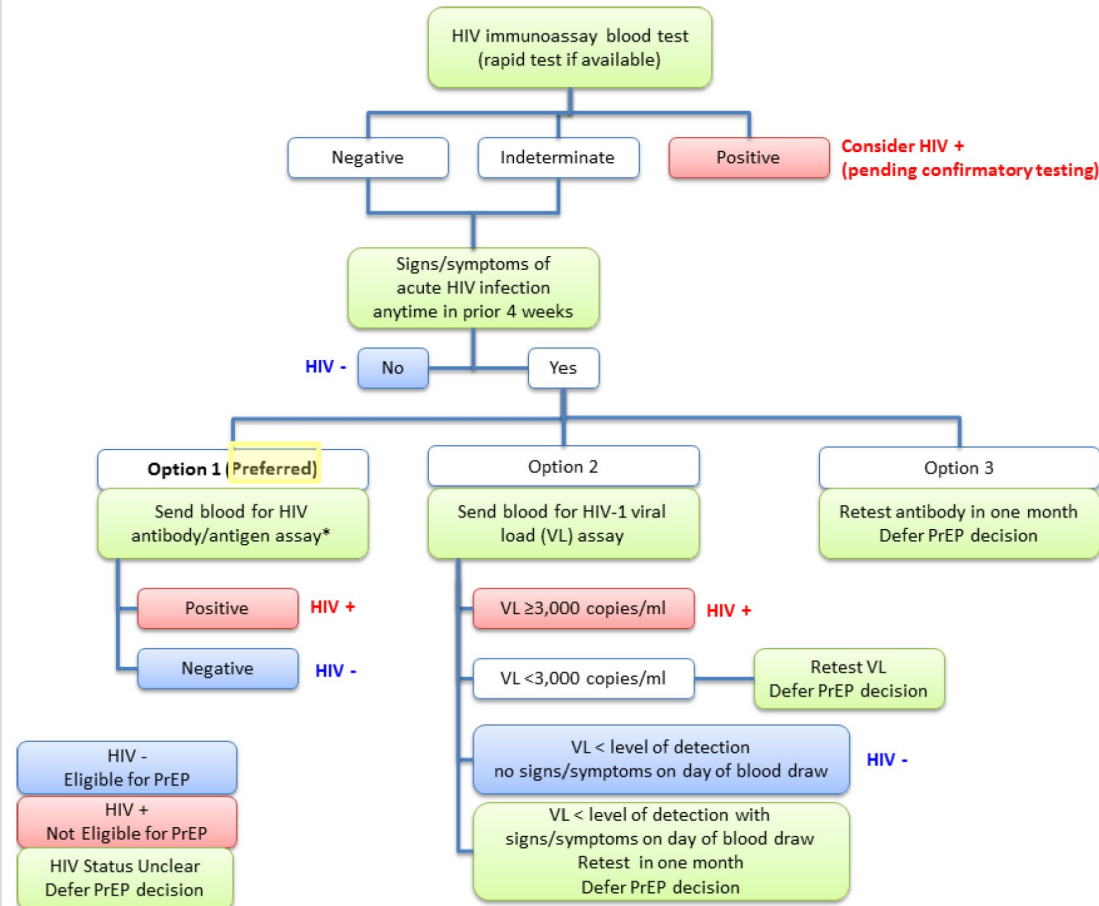
HIV Infection Markers:
“Window Periods”



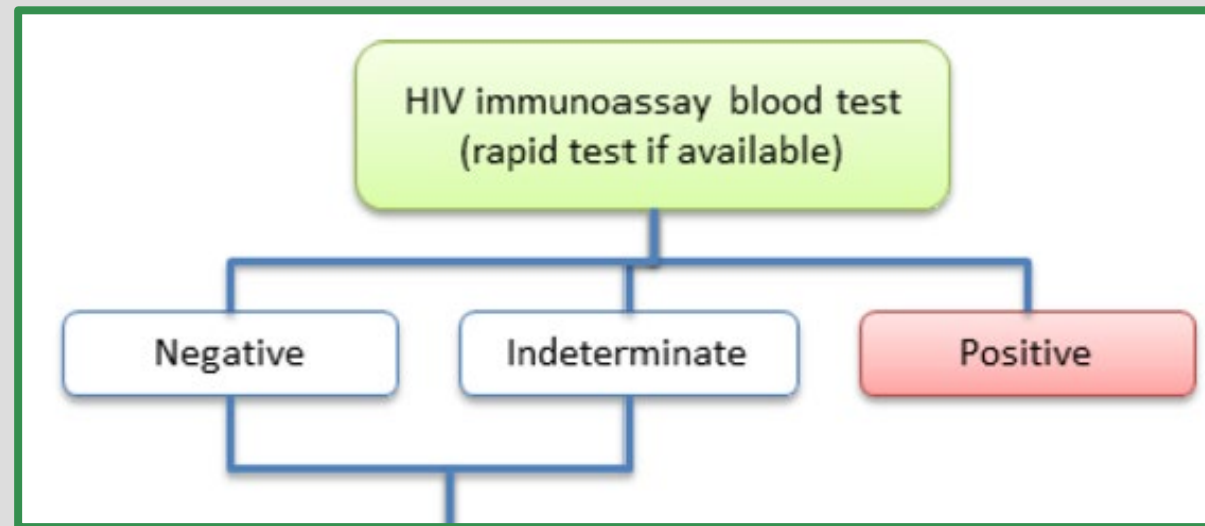
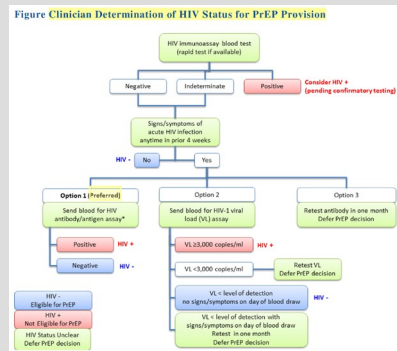
Eclipse Phase: The short interval following HIV acquisition in which no diagnostic test is capable of detecting HIV.

CDC GUIDANCE – 3/2018 TO 12/2021

Figure Clinician Determination of HIV Status for PrEP Provision



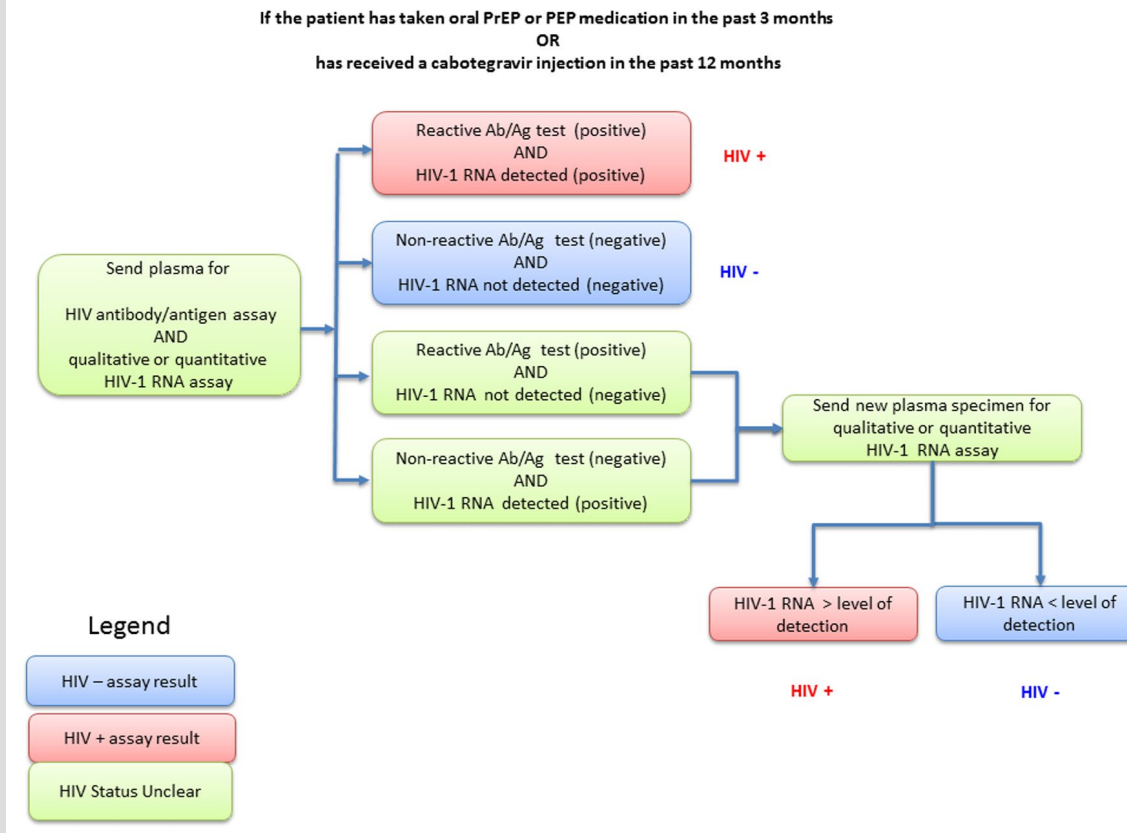
CDC GUIDANCE – 3/2018 TO 12/2021 PART 2



Only an immunoassay (i.e., antibody and/or antigen) test recommended

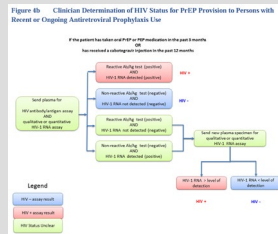
CDC GUIDANCE AS OF DECEMBER 2021

Figure 4b Clinician Determination of HIV Status for PrEP Provision to Persons with Recent or Ongoing Antiretroviral Prophylaxis Use



CDC GUIDANCE AS OF DECEMBER 2021

PART 2



Send plasma for
HIV antibody/antigen assay
AND
qualitative or quantitative
HIV-1 RNA assay

Both Ag/Ab test and a qualitative or quantitative HIV RNA assay are recommended

DELAYED HIV AG/AB DETECTION IN HPTN 083 (CABOTEGRAVIR-LA)

Delay between 1st reactive qualitative HIV-I RNA test and 1st reactive Ag/Ab test (HPTN 083)

2021 PrEP Clinical Practice Guideline

Demetre Daskalakis, MD, MPH

Dawn K. Smith MD, MS, MPH

December 14, 2021
Division of HIV Prevention
National Center for HIV, Viral Hepatitis, STD, and TB Prevention
Centers for Disease Control and Prevention



Testing Procedure for Determining HIV Status

- **Starting/restarting PrEP for persons with no recent antiretroviral use**
 - Lowered HIV-1 RNA threshold for retesting for possible false positive result
- **Restarting/continuing PrEP for persons with recent antiretroviral use**
 - New algorithm using qualitative or quantitative HIV-1 RNA assays

	Cabotegravir Arm			F/TDF Arm	
	Baseline n=4	Incident No CAB n=5	Incident ON CAB n=7	Baseline n=3	Incident n=30
Participant number (%)	3(75)	0	7(100)	3(100)	8(21)
Duration of delay, range, days (amongst those with delayed Ag/Ab test result)	14-60	NA	35-185	14-36	7-68

Extract from: Marzinke MA et al. JID, 2021;224(9):1581-1592

DELAYED HIV AG/AB DETECTION IN HPTN 083 (CABOTEGRAVIR-LA) PART 2

LABORATORY ANALYSIS OF HIV INFECTIONS IN HPTN 083: INJECTABLE CAB FOR PrEP

CONFERENCE DATES AND LOCATION

March 6-11, 2021 | Virtual

ABSTRACT NUMBER

153

SESSION TITLE

PREVENTION 2021

SESSION NUMBER

Oral-09

AUTHORS

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[VIEW WEBCAST](#)

Abstract Body

HPTN 083 showed a 66% reduction in HIV incidence in cisgender men and transgender women who have sex with men (MSM/TGW) randomized to cabotegravir (CAB) 600 mg injections every 8 weeks (after an oral lead-in) vs. daily oral tenofovir disoproxil fumarate/emtricitabine (TDF/FTC) for pre-exposure prophylaxis (PrEP). We originally reported 52 incident infections among 4566 participants (13 CAB, 39 TDF/FTC; annual incidence: 0.41% vs. 1.22%) with 5 additional baseline infections (2 CAB, 3 TDF/FTC). In post-hoc analysis, 1 incident infection in the CAB arm was later reclassified as a baseline infection; 1 additional baseline infection was also identified. We used virology and pharmacology assays to characterize these 58 cases (Table).

Concentrations of CAB and tenofovir (TFV) in plasma and TFV-diphosphate in dried blood spots were quantified by liquid chromatography-tandem mass spectrometry. HIV status and timing of HIV infection were assessed with an antigen/antibody (Ag/Ab) test, a discriminatory test, and RNA assays. Drug resistance testing was performed for samples with HIV RNA >500 copies/mL.

Among 12 incident infections in the CAB arm: 5 had no recent CAB dosing; 3 occurred in the oral lead-in phase (1 had no CAB detected); 4 occurred despite on-time CAB injections and targeted CAB concentrations. Five of the 16 infections in the CAB arm had integrase resistance associated mutations (RAMs; Q148R or Q148K with accessory mutations, or R263K); 1 of these cases also had a non-nucleoside reverse transcriptase inhibitor (NNRTI) RAM. One case had NNRTI RAMs only and 1 had NNRTI RAMs with nucleoside/nucleotide reverse transcriptase inhibitor (NRTI) RAMs. In the TDF/FTC arm, 37/39 incident infections occurred in participants with drug concentrations indicating sub-optimal or non-adherence. One infection was likely due to transmission of TDF/FTC-resistant HIV; 1 occurred despite targeted drug concentrations. Thirteen the 42 infections in the TDF/FTC arm had RAMs; 3 had NRTI RAMs only; 3 had NRTI and NNRTI RAMs; and 7 had NNRTI RAMs only. Retrospective HIV RNA testing identified HIV infection earlier than Ag/Ab testing performed at study sites.

TDF/FTC and CAB are highly effective for HIV PrEP in MSM/TGW. Oral pill non-adherence likely contributed to higher HIV incidence among those randomized to TDF/FTC. Integrase inhibitor resistance was observed in some cases in the CAB arm. Long-acting CAB is an important addition to HIV prevention options.

Study Arm	CAB Arm	TDF/FTC Arm
Incident infections	12	39
Baseline infections	4	3
Total	16	42

“Among the small number of HIV infections that occurred, the capacity of CAB LA to suppress viral replication masked the presence of the virus by reducing viral load and preventing seroconversion to HIV antibody positive (delaying HIV diagnosis).” *

Laboratory Analysis of HIV Infections in HPTN 083: Injectable CAB for PrEP

* Richard Jefferys, “The Challenge of Diagnosing HIV Infection in LA PrEP Users,” TAGLine, October 2021

Mark Marzinke, Beatriz Grinsztejn, Jessica Fogel, Estelle M. Piwowar-Manning, Brett Hanscom, Lara Coelho, Myron S. Cohen, Alex R. Rinehart, James F. Rooney, Adeola Adeyeye, Peter Anderson, Marybeth McCauley, Raphael J. Landovitz, Susan Eshleman, “[Laboratory Analysis of HIV Infections in HPTN 083: Injectable CAB for PrEP](#),” CROI

2021, Abstract 153, March 6-11, 2021



HIV RNA UTILIZATION IN ORAL PREP MANAGEMENT: ADVANTAGES & DISADVANTAGES

Advantages	Disadvantages
More sensitive test minimizes false-negatives	Higher cost of RNA vs. other; Ex: HIV Ag/Ab (no reflex) \$27 vs. \$329 for quant RNA vs. \$389 for qual)
Identifies acute seroconverters earlier in HIV infection	RNA testing may entail additional logistical challenges (phlebotomy, etc.)
Further minimizes the already small chance of a PrEP patient developing ARV-resistant HIV infection	Significant programmatic change for programs managing oral PrEP users since 2012
Compensates for the risk of partial adherence (gaps in dosing) leading to HIV infection	Third party payors may not reimburse multiple HIV screening tests obtained on the same day
	Unclear evidence level establishing a safety signal in oral PrEP users
	No commercially available self-collected LDT with LLOD below approx. 600 IU
	Use of a second test raises concern in patients that “PrEP doesn’t work”

HIV RNA UTILIZATION IN ORAL PREP MANAGEMENT: OBSERVATIONS & IMPLICATIONS

Observations & Implications

Increasing participation in (scaling) PrEP is critical to diminishing forward HIV transmission, in an effort to achieve EHE objectives

Barriers that limit programs' ability to scale PrEP may be counterproductive

Widespread adoption of a more sensitive HIV testing approach **has been limited** by cost, logistics, longstanding patterns of practice, and other factors

Understanding the benefit of enhanced sensitivity testing since 12/2021 Guideline recommendations will be important

Contribution of **cost effectiveness analyses** will be helpful

Tension between a **population health vs. medical care model** informs local adoption of this clinical policy

ACUTE HIV DIAGNOSIS BY SPECIMEN POOLING

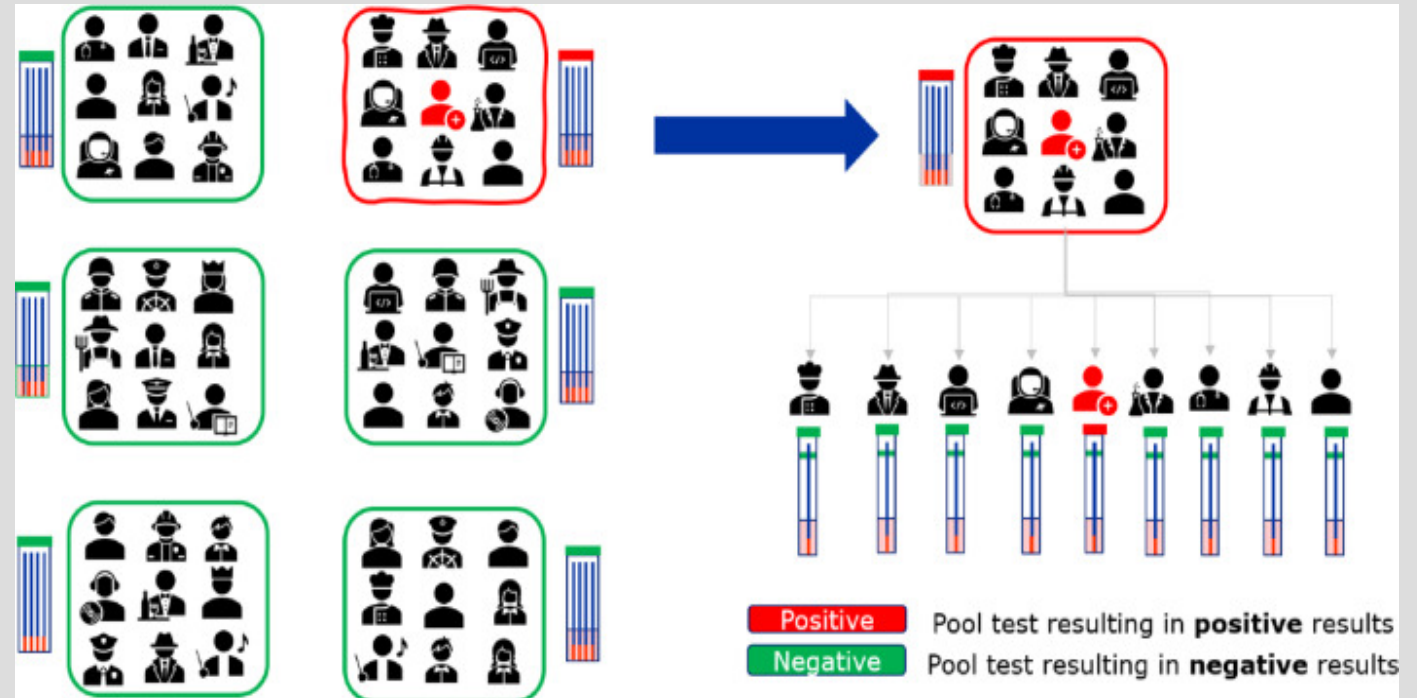
Only one of the pools requires further RNA testing to identify the reactive specimen

Once a reactive pool is identified, original specimens that contributed to that pool are then tested individually to identify reactive specimen

In this example, 15 HIV RNA tests substituted for 48 such tests, were the individuals each tested separately

Limitations: increase laboratory tech effort, lengthened turn-around time

Population characteristics and pool size must be taken into consideration to identify a cost-effective specimen pooling approach.



In some settings, lab-based RNA pooling of persons testing Ab-negative is an alternative means of identifying acute HIV seroconverters without RNA testing each individual

For More Information

*This presentation and underlying evaluation
was conducted by the
California Prevention Training Center at UCSF*

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