

FIGURE 1
Suggested sexual health language^{1,34,79}

<i>Use (less gendered language)</i> ¹	<i>Instead of (gendered language)</i>
People who menstruate, people who are pregnant	Female, women; pregnant women
People who produce sperm	Male, men
Not trans, non-trans, cisgender	Biologically male/female
Assigned male at birth	Biologically male
Assigned female at birth	Biologically female
Sexual or genital (gen) health	Women's/gynecological healthcare
External genitals, external pelvic area	Vulva, clitoris
Outer parts	Penis, testicles
Genital opening, frontal opening, internal canal	Vagina
Outer folds	Labia, lips
Internal reproductive organs	Female reproductive organs
Internal organs	Uterus, ovaries
Internal gland	Prostate
Chest	Breasts ²
Chest or breastfeeding ²	Breastfeeding
Absorbent product	Pad/tampon
Internal condom	Female condom
Uterine bleeding	Period/menstruation
Parent or gestational parent	Mother
Hypothalamic pituitary gonadal – ovarian axis	Female gonadal steroid axis
Hypothalamic pituitary gonadal – testicular axis	Male gonadal steroid axis

*Superscript number*¹ The terms in these columns are offered as suggestions, but we recommend asking patients which words they use for their own body parts and experiences. *Superscript number*² Transfeminine persons may prefer breasts.

Krempasky. Contraception for transmasculine persons. Am J Obstet Gynecol 2019.

TAKING A GENDER AFFIRMING SEXUAL HEALTH HISTORY

NO "MEN, WOMEN, OR BOTH?"

AVOID ASSUMPTIONS ABOUT:

→ KINDS OF SEX

→ BODY PARTS USED FOR SEX

→ PREGNANCY INTENTIONS

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