



# Orange County 2021 PrEP Navigation Technical Assistance Workshop



**June 29-July 1**

***A 3-day intensive workshop covering the latest developments in PrEP navigation. The event features interactive presentations and small group activities, with opportunities for maximum learning and participation.***

## **Objectives**

- ⇒ Learn how current strategies to end the HIV epidemic are grounded in your local epidemiology and developed to reach highly impacted individuals/communities.
- ⇒ Gain a thorough knowledge of the roles of PrEP (pre-exposure prophylaxis) and PEP (post-exposure prophylaxis) as part of ending the HIV epidemic in your jurisdiction. Learn the different medication options and dosing strategies for PrEP, as well as treatment as prevention (undetectable equals untransmittable or U=U).
- ⇒ Expand skills in PrEP/PEP navigation, including incorporating PrEP education and decision-making into HIV counseling; helping clients access PrEP and PEP; providing financial guidance; and creating strategies for PrEP adherence and sustained engagement with clients.
- ⇒ Enhance counseling skills using motivational interviewing, trauma-informed awareness, and culturally affirming care.

## **Sponsors**

*Orange County Health Care Agency (OCHCA)  
California Prevention Training Center (CAPTC)*

## **Facilitators**

*Ivonne Huitron, Staff Specialist, OCHCA  
Tamara Ooms, Program Manager, CAPTC*

## Tuesday, June 29

9:00-9:10

### Welcome and Introductions

*Ivonne Huitron, Staff Specialist, OCHCA  
Tamara Ooms, Program Manager, CAPTC*

9:10-9:25

### Why We're Here: Envision Your Role in Eliminating HIV in Orange County

*Robert Wilder Blue, HIV Prevention and Navigation Faculty Consultant, CAPTC*

9:25-9:50

### Data to practice: What's Happening in OC?

What do current Orange County HIV data tell us about HIV risk in our communities? Are we reaching vulnerable individuals with our HIV prevention strategies? How do data help us reach our goal to end the HIV epidemic?

*Yohani Ramos, MPH, Sr. Epidemiologist, 17<sup>th</sup> Street Testing, Treatment and Care Clinic, OCHCA*

9:50-10:30

### PrEP Update

A lot has happened over the past year in HIV prevention. Let's hear the latest on PrEP and PEP medications and other prevention strategies:

- Current approved PrEP medications and their indications
- Event-based dosing (2-1-1)
- Starting and stopping PrEP
- U=U
- Long-acting injectables
- Don't forget about PEP!
- HIPPA, privacy, and sexual health care for minors

*Christopher Ried, MD, Medical Director HIV/STD Services/STD Controller, OCHCA*

10:30-10:40

### BREAK

10:40-11:15

### PrEP Navigation Essentials 1

Let's review some basic concepts of PrEP navigation:

- Defining navigator roles and concepts
- How are clients identified for PrEP education?
- Client-centered PrEP decision-making
- Adherence and retention counseling
- Same-day PrEP initiation

**Video: Hear what a client says about PrEP**

*Robert Wilder Blue, HIV Prevention and Navigation Faculty Consultant, CAPTC*

11:15-11:20 **STRETCH**

11:20-12:20 **Exploring the Approach of Trauma-Informed Care**

This session will focus on the Trauma-Informed Care approach with those seeking and providing PrEP as a biomedical intervention for HIV. Attendees will explore the impact of trauma on HIV risk and gain an understanding of the Trauma-Informed Care approach. Attendees will also have an opportunity to participate in discussion in which they will determine how they would apply the approach with clients seeking PrEP who have a history of trauma.

*Aunsha Hall-Everett, CBA Manager, CAPTC*

*Duran Rutledge, CBA Specialist, CAPTC*

*Shavar Johnson, CBA Specialist, CAPTC*

12:20-12:30 **WRAP UP**

## Wednesday, June 30

9:00-9:10 **Welcome back**

9:10-10:15 **PrEP Navigation Essentials 2**

### **Paying for PrEP**

What's the latest on PrEP and PEP assistance programs for medications and related services? When are California's PrEP-AP and the Federal program Ready, Set, PrEP good options? How can you assist your clients with insurance and other benefits navigation?

*Montica Levy, MPH, HIV Biomedical Prevention Coordinator, San Francisco City Clinic*

### **Pharmacy challenges**

You've done your best work in helping your client with PrEP navigation and access, and then they try to pick up their prescription and the pharmacy refuses to fill it. What are some practical solutions for common problems clients encounter?

*Michelle J. Sherman, RPh, APh, FASCP, FACA AAHIVP, MichRx Pharmacist Consulting Services, Inc., Contractor with OCHCA*

10:15-10:20 **STRETCH**

10:20-11:30	<p><b>Overcoming Ambivalence with Motivational Interviewing</b></p> <p>This session will explore how motivational interviewing (MI) can be used to overcome ambivalence with clients eligible for PrEP. Attendees will learn MI as a client-centered approach to help facilitate change talk. Attendees will also apply the spirit, skills, and processes of MI to guide PrEP clients in overcoming ambivalence and seeing desired change.</p> <p><i>Duran Rutledge, CBA Specialist, CAPTC</i>  <i>Aunsha Hall-Everett, CBA Manager, CAPTC</i>  <i>Shavar Johnson, CBA Specialist, CAPTC</i></p>
11:30-11:40	<b>BREAK</b>
11:40-11:55	<b>PrEP Consumer Video</b>
11:55-12:25	<p><b>PrEP Retention Adherence and Engagement</b></p> <p>Create retention strategies that improve ongoing client engagement, especially with our most vulnerable community members. What data are we collecting and how do we use it to evaluate our programs and improve the quality of our services?</p> <p><i>Robert Wilder Blue, HIV Prevention and Navigation Faculty Consultant, CAPTC</i></p>
12:25-12:30	<b>WRAP UP</b>

## Thursday, July 1

9:00-9:10	<b>Welcome Back</b>
9:10-10:05	<p><b>Enhancing our Engagement and Enriching our Conversations</b></p> <p>How we talk with our clients makes a big difference in their engagement with us. Let's think about the language we use and how it can either build or break trust.</p> <p><i>Montica Levy, MPH, HIV Biomedical Prevention Coordinator, San Francisco City Clinic</i></p>
10:05-10:10	<b>STRETCH</b>
10:10-11:05	<p><b>Providing Culturally Humble and Client-Centered Services</b></p> <p>This session will offer attendees an understanding of how to practice cultural humility with clients seeking PrEP. Attendees will learn how world views and implicit biases can impact the provider-client relationship. Attendees will also practice cultural humility as a way to check assumptions and provide client-centered PrEP services.</p> <p><i>Shavar Johnson, CBA Specialist, CAPTC</i>  <i>Aunsha Hall-Everett, CBA Manager, CAPTC</i></p>

*Duran Rutledge, CBA Specialist, CAPTC*

11:05-11:15 **BREAK**

11:15-12:20 **Practice What We've Learned**

Small group activity: Let's look at some scenarios adapted from real practice.

**Putting it All Together**

Report back from small groups

*Robert Wilder Blue, HIV Prevention and Navigation Faculty Consultant,  
CAPTC*

12:20-12:30 **Wrap Up**