[Insert Practice Logo]

Practice

Logo

 Welcome Parents,

Many changes happen during the teenage years.

It is good for teens to learn to take more control of their health.

The American Academy of Pediatrics states that starting by age 11, it is good for teens to have alone time with their doctor.

It is our clinic practice to ask parents to step out of the room for a part of each teen visit. This gives teens time to ask their questions.

We ask all teens to talk to their parents about their health.

If there is anything you would like us to talk to your teen about, please let the provider team know.

[Insert Practice Logo]

 Bienvenidos, padres,

En la adolescencia, su hijo/a atravesara por muchos cambios.

Es bueno para adolescentes aprender a tomar responsabilidad sobre el cuidado de su propia salud.

La Academia Americana de Pediatría a reportado que desde los 11 años, es recomendable que adolescentes tengan citas en privado con su doctor.

El personal de la clínica le pedirá que espere afuera durante parte de la visita. Así, los adolescentes tendrán la oportunidad de hacer sus preguntas.

Le pedimos a todos nuestros pacientes adolescentes que hablen con sus padres sobre

su salud.



Si hay alguna cosa que desea que discutamos con su adolescente, por favor comuníquelo con nuestro equipo.

**Welcome to**

**[Practice Name]!**

Dear Parents of New Teen Patients:

The teenage years are a time of change and growth in your child’s body and feelings.

It is good for parents to come with their teen to the doctor and be a part of their health visits. It is also good for your teen to begin to take more control of his or her care. We want to partner with you to teach your teen how to do this.

Starting at age 12, it is our clinic policy to take every teen on their own to get their vital signs, like height and weight. The doctor will also ask you to step out of the room for part of your teen’s medical visits.

The law in California says teens can get some health care without their parents or guardians. The American Academy of Pediatrics agrees that it is good for teens to have this alone time with their doctor.

For this visit, our notes will be kept private unless:

* Someone is hurting your teen
* Your teen wants to hurt someone else
* Your teen wants to hurt his or her self

We ask all teens to talk to their parents about their health issues.



Please ask clinic staff if you have any questions.

* The Practice Name Staff

**Parents of Teens**

**Welcome to [Clinic Name]**

Many changes are happening for your teenager.

It is good for your teen to learn to take more control of his or her health.

It is our clinic policy to take every teen on their own to get their weight, height, and other vitals.

The clinic staff will ask you to step out for part of the visit.



This gives teens time to ask their questions.

We ask all teens to talk to their parents about their health.

Month dd, yyyy

Dear Parent/guardian,

We are committed to caring for your child into early adulthood. As your child grows, talking one-to-one with a trusted healthcare provider is important. Starting at age 11, each visit will include some time for your child to talk alone with their healthcare provider. This gives your child time to ask questions and helps them learn to manage their own health. It also helps the provider learn more about your child’s health needs and goals.

Your child has the right to confidential care for some parts of their health. Minnesota state law says that youth under 18 years old are able to get services and test results related to sexual health and drug use, without parent consent.\* We will only share information on these topics with you if your child asks us to, or if we have concerns about your child’s health and safety.

The provider may talk with your child about how school is going, goals for the future, friendships or romantic relationships, stress and mental health, sex, drugs, or identity.

This one-to-one time gives us the chance to work with your child on making positive and healthy choices and reaching their health goals. This includes encouraging your child to talk with you about their health.

Thank you for the allowing us to be a part of your child’s care. Please share any concerns or questions with us.

Sincerely,

Provider’s/clinic name
Clinic
Address
###-###-####
(optional) Author’s contact information
Clinic website

*\**Insert information re: state specific laws here

Many changes are happening for your teenager.

It is good for your teen to learn to take more control of his or her health.

It is our clinic policy to take every teen on their own to get their vitals and have alone time with their doctors.

This gives teens time to ask their questions.

We want you to join for the last part of the visit to discuss your child’s health.

**Please list below any questions/concerns you want to discuss with your child’s doctor today:**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Caregivers of Teens**

**Welcome to [clinic name]**

Están ocurriendo muchos cambios para su adolescente.

Es bueno que su hijo adolescente aprenda a controlar más su salud.

Es nuestra política clínica llevar a cada adolescente por su cuenta para obtener sus signos vitales y tener tiempo a solas con sus médicos.

Esto les da tiempo a los adolescentes para hacer sus preguntas.

Queremos que se una a la última parte de la visita para hablar sobre la salud de su hijo.

**Enumere a continuación cualquier pregunta / inquietud que quiera discutir hoy con el médico de su hijo:**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Cuidadores**

**Bienvenido a [clinic name]**